



Recyclable Materials



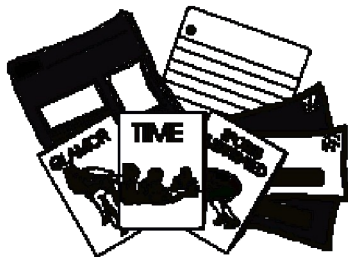
Please properly prepare and separate your materials.
Follow the instructions below.

PAPER

Newspapers and inserts, phone books, magazines, catalogs, all types of office and school paper, fax and copy paper, shredded paper, books (minus the hard cover), paper back books, flyers, glossy inserts, coated (slick) paper, junk mail, wrapping paper, colored paper, construction paper, colored bond paper, colored copy paper, manila folders, post-it notes, window envelopes, index cards, lined paper, legal pad paper, NCR paper, paper with printing/writing

Preparation:

Keep clean and dry, remove hard covers from books and recycle with cardboard



NO

BROWN PAPER BAGS, cardboard, paper layered with plastic/foil, foil wrapping paper, waxed paper, paper towels/napkins/plates/cups, wet or soiled paper, tape, wire, or string

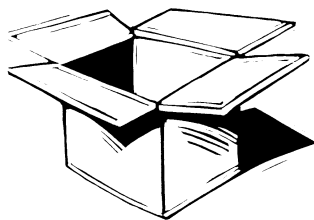
CARDBOARD

All corrugated cardboard, cardboard boxes, paperboard (cereal boxes, paper towel tubes, shoe boxes, tissue boxes, cracker boxes, etc.), hard covers from books, paper egg cartons, boxboard/ brown envelopes, paper feed and seed bags, and BROWN PAPER BAGS

Preparation: Keep clean and dry

BREAK DOWN BOXES

Remove and discard grease/food spots and recycle rest of pizza boxes, etc.



NO boxes/cartons layered with plastic/foil/wax, milk cartons, juice boxes, broth cartons, paper towels/napkins/plates/cups, wet or soiled paper

**Northern Oxford Regional Solid Waste
Transfer Station & Recycling Center**
*Serving the towns of Rumford, Mexico,
Roxbury, Byron, Dixfield, and Peru*
Hours Mon.-Fri. 8am-5pm, Sat. 8am-1pm
207-364-3645

GLASS

All types of glass and ceramics to include clear and colored glass, dishes, crystal, porcelain, Pyrex

Preparation:

Remove lids and rinse away food debris. Recycle metal lids with cans and plastic lids with plastic. Labels are ok. Try not to break or crush glass bottles or jars.

NO

Mirrors, light bulbs, window glass, picture frames

METAL

Aluminum cans, soda cans, aluminum foil, pie plates, aluminum bakeware, steel cans, all food cans (vegetables, fruit, pet food, juice, coffee, etc.) metal jar lids

Preparation:

All items must be rinsed, free of food debris, labels ok

NO

Paint cans, fuel containers, propane tanks (recycle at Transfer Station), aerosol cans

PLASTIC

1, 2, 3, 5, 6, 7 plastic with exceptions (see NO below)

YES

Milk jugs, water bottles, juice bottles, detergent/soap/hair and body care/bottles, food containers/tubs/bottles, and lids



Preparation:

Remove lids, rinse containers, crush milk jugs

NO

Motor oil bottles or other petroleum containers, plastic wrap, plastic bags, film, Styrofoam, single-use plastic cups, clamshell-style containers/blister packs (like the kind used to package berries, greens, and baked goods)



***Recycle #2 and #4 bags, wrap, and mailers at the grocery store
***Check packaging for material and recycling info ***Separate a single item into multiple recyclable materials, if possible ***Clean/rinse items as needed ***Recycle even more at the Transfer Station

Recyclables are collected every week for the town of Rumford.

If a holiday falls during the week, collection is delayed one day.

Safe Disposal of Hypodermic Needles (Insulin syringes, etc.)

The safest way to dispose of used needles is in a "sharps" container. Locally, free ones are available at Larry Labonte Recovery Center (LLRC) in Rumford and MedCare Ambulance in Mexico. Drop-off sites are LLRC and Rumford Town Office/Police Dept, during open hours. In lieu of a sharps container, obtain a sturdy, puncture-resistant container with a screw-on/twist-top lid, such as an empty detergent or bleach bottle or an empty coffee can (NOT a milk jug or soda bottle).

Drop used lancets, needles, and syringes in container immediately after use.

Dispose of syringes as one unit - do not attempt to break needle off.

Do not attempt to remove, bend, or recap needle.

Store container out of reach of children.

Tightly seal container when 3/4 full.

Reinforce lid with heavy duct or electrical tape (completely cover lid to discourage people from opening or recycling the container).

Write "DO NOT RECYCLE" on the container with permanent marker.

Dispose of completely sealed container in the trash (be sure to place it in a trash bag first).

***NEVER** dispose of needles, sharps containers, or homemade needle containers in the recycling bin!



DON'T FLUSH YOUR MEDS

Drop-off boxes for prescription and non-prescription medicine, vitamins and supplements are located at:

**Rumford Police Dept.
Rumford Hannaford
Mexico Town Office
Dixfield Town Office**



Safe Use • Safe Storage • Safe Disposal

HOUSEHOLD HAZARDOUS WASTE

Leftover household products that contain corrosive, toxic, ignitable, or reactive ingredients are considered "Household Hazardous Waste" or HHW. Products like fertilizers, cleaners, fuels, batteries, and pesticides contain hazardous ingredients and require special care during disposal. Improper disposal of HHW pollutes the environment and poses a health hazard to people and wildlife. **The local annual collection takes place in the spring.**

PAINT PRODUCTS



Paint must be in its original container with a label and a secured lid. We cannot accept open or leaking cans. Please review the following list of what is accepted prior to dropping it off at the Transfer Station in Mexico. Visit paintcare.org for more info.

- Interior and exterior architectural paints - latex, acrylic, water-based, alkyd, oil based, enamel
- Deck coating, floor paints
- Primers, sealer, under coaters
- Stains
- Shellacs, lacquers, varnishes, urethanes
- Waterproofing concrete/masonry/wood sealers and repellents (not tar or bitumen-based)
- Metal coatings, rust preventatives
- Field and lawn paints

FOOD WASTE

Start a backyard compost to remove food scraps from the waste stream! Omit meat and dairy to prevent pests and odor.

UNIVERSAL WASTES (2 types) Mercury & Electronics

Mercury containing devices such as fluorescent lamps and bulbs, thermometers, rechargeable batteries, and mercury switches.

Electronics such as cell phones, TVs, printers, laptops, tablets, desktop computers, monitors, and string (Christmas) lights.

These items can be dropped off at the Transfer Station during open hours.



CLOTHING RECYCLING

Bring clean, dry, odor- and mildew-free clothing, footwear, accessories, purses, sheets, and towels to an **Apparel Impact Textile Recycling** bin located at the Transfer Station in Mexico and other locations. Visit apparelimpact.com to find the bin nearest you. **PLEASE BAG ALL ITEMS.**