Be Safe
Be Prepared

If your local government advises evacuation of your area

DO SO IMMEDIATELY

Know the location of your local Emergency shelter.

Make your plans and preparations for an emergency the subject of a family discussion.

Share your family’s plan with friends and relatives.

All emergency preparedness is a team effort for everyone in the neighborhood and community.

Knowing the facts is the best preparation.

FOR MORE INFORMATION
www.maine.gov/mema
www.fema.gov
www.redcross.org
www.citizencorps.gov
www.ready.gov

Oxford County EMA
And
Rumford Emergency Management

151 Congress Street
Rumford, Maine 04276
www.rumfordfire.com
oxctyema@megalink.net
www.megalink.net/~oxctyema/

Winter Weather Preparedness

Oxford County Emergency Management Agency and Rumford Emergency Management

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Prepare*Respond*Recover*Mitigate

Phone: 207.364.2901
What should I expect in winter?

* STORMS WITH STRONG WINDS
* EXTREME COLD
* ICE STORMS
* HEAVY SNOW STORMS

What’s the difference in precipitation?

Snow – frozen precipitation that can fall heavily in a blizzard, limiting visibility, or can fall slowly and can take longer to accumulate

Sleet – Rain drops that freeze into ice pellets before hitting the ground

Freezing Rain – Rain that falls and freezes upon contact with a surface, creating a coating of ice

Be Safe

* 70% of winter deaths are due to traffic accidents.
* About 20% of exposure deaths occur in the home.
* Avoid frostbite and hypothermia by staying indoors when the temperatures and wind chill are low

WATCH: Severe Weather is possible within the designated watch area. Be alert!

WARNING: Severe weather has been reported or is imminent. Take necessary precautions

What you should have before the storm

* Flashlight and extra batteries
* NOAA Weather Radio
* Extra medicine and baby items
* First-Aid Supplies
* Extra food and water for up to 3 days
* Heating fuel
* Pet medicine and supplies
* Emergency heating source (Be sure to use proper ventilation to avoid carbon monoxide poisoning!)
* Fire extinguisher and smoke detector

REMINDER TO DRESS PROPERLY:

Wear loose fitting, light-weight, warm clothing in several layers. Layers can be removed to prevent perspiration and the accompanying chill. Outer garments should be water-proof, tightly woven, and hooded. Half your body heat can be lost through your head. Cover your mouth to protect your lungs from extreme cold, and wear mittens that are snug at the wrist.

For more information visit http://www.noaa.gov