

Be Safe Be Prepared

*If your local government advises
evacuation of your area*

DO SO IMMEDIATELY

*Know the location of your local
Emergency shelter.*



Make your plans and preparations for an emergency the subject of a family discussion.

Share your family's plan with friends and relatives.

All emergency preparedness is a team effort for everyone in the neighborhood and community.

**Knowing the facts is
the best preparation.**

FOR MORE INFORMATION

www.maine.gov/mema

www.fema.gov

www.redcross.org

www.citizencorps.gov

www.ready.gov

Oxford County EMA And Rumford Emergency Management

151 Congress Street
Rumford, Maine 04276
www.rumfordfire.com

oxctyema@megalink.net
www.megalink.net/~oxctyema/



Winter Weather Preparedness

Oxford County Emergency
Management Agency and
Rumford Emergency
Management



*Prepare*Respond*Recover*Mitigate*

Phone: 207.364.2901

Winter Weather Preparedness



What should I expect in winter?

- * **STORMS WITH STRONG WINDS**
- * **EXTREME COLD**
- * **ICE STORMS**
- * **HEAVY SNOW STORMS**

What's the difference in precipitation?

Snow – frozen precipitation that can fall heavily in a blizzard, limiting visibility, or can fall slowly and can take longer to accumulate

Sleet – Rain drops that freeze into ice pellets before hitting the ground

Freezing Rain – Rain that falls and freezes upon contact with a surface, creating a coating of ice

Be Safe

- * 70% of winter deaths are due to traffic accidents.
- * About 20% of exposure deaths occur in the home.
- * Avoid frostbite and hypothermia by staying indoors when the temperatures and wind chill are low

WATCH: Severe Weather is possible within the designated watch area. Be alert!

WARNING: Severe weather has been reported or is imminent. Take necessary precautions

What you should have before the storm

- * Flashlight and extra batteries
- * NOAA Weather Radio
- * Extra medicine and baby items
- * First-Aid Supplies



- * Extra food and water for up to 3 days
- * Heating fuel
- * Pet medicine and supplies
- * Emergency heating source (Be sure to use proper ventilation to avoid carbon monoxide poisoning!)
- * Fire extinguisher and smoke detector

For more information visit <http://www.noaa.gov>



REMEMBER TO DRESS PROPERLY:

Wear loose fitting, light-weight, warm clothing in several layers. Layers can be removed to prevent perspiration and the accompanying chill. Outer garments should be water-proof, tightly woven, and hooded. Half your body heat can be lost through your head. Cover your mouth to protect your lungs from extreme cold, and wear mittens that are snug at the wrist.