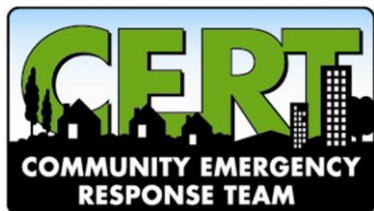


# Be Safe Be Prepared

*If your local government advises  
evacuation of your area*

**DO SO IMMEDIATELY**

*Know the location of your local  
Emergency shelter.*



Make your plans and preparations for an emergency the subject of a family discussion.

Share your family's plan with friends and relatives.

All emergency preparedness is a team effort for everyone in the neighborhood and community.

**Knowing the facts is the best preparation.**

**FOR MORE INFORMATION**

[www.maine.gov/mema](http://www.maine.gov/mema)

[www.fema.gov](http://www.fema.gov)

[www.redcross.org](http://www.redcross.org)

[www.citizencorps.gov](http://www.citizencorps.gov)

[www.ready.gov](http://www.ready.gov)

**Oxford County EMA  
And  
Rumford Emergency  
Management**

**151 Congress Street  
Rumford, Maine 04276  
[www.rumfordfire.com](http://www.rumfordfire.com)**

**[oxctyema@megalink.net](mailto:oxctyema@megalink.net)  
[www.megalink.net/~oxctyema/](http://www.megalink.net/~oxctyema/)**



# Winter Weather Preparedness

**Oxford County Emergency  
Management Agency and  
Rumford Emergency  
Management**



*Prepare\*Respond\*Recover\*Mitigate*

**Phone: 207.364.2901**

## Winter Weather Preparedness



### What should I expect in winter?

- \* **STORMS WITH STRONG WINDS**
- \* **EXTREME COLD**
- \* **ICE STORMS**
- \* **HEAVY SNOW STORMS**

### What's the difference in precipitation?

**Snow** – frozen precipitation that can fall heavily in a blizzard, limiting visibility, or can fall slowly and can take longer to accumulate

**Sleet** – Rain drops that freeze into ice pellets before hitting the ground

**Freezing Rain** – Rain that falls and freezes upon contact with a surface, creating a coating of ice

### Be Safe

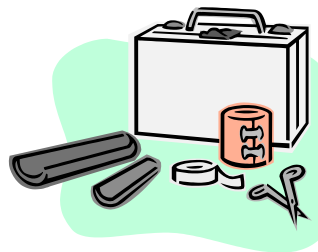
- \* 70% of winter deaths are due to traffic accidents.
- \* About 20% of exposure deaths occur in the home.
- \* Avoid frostbite and hypothermia by staying indoors when the temperatures and wind chill are low

**WATCH:** Severe Weather is possible within the designated watch area. Be alert!

**WARNING:** Severe weather has been reported or is imminent. Take necessary precautions

### What you should have before the storm

- \* Flashlight and extra batteries
- \* NOAA Weather Radio
- \* Extra medicine and baby items
- \* First-Aid Supplies



- \* Extra food and water for up to 3 days
- \* Heating fuel
- \* Pet medicine and supplies
- \* Emergency heating source (Be sure to use proper ventilation to avoid carbon monoxide poisoning!)
- \* Fire extinguisher and smoke detector

For more information visit  
<http://www.noaa.gov>



### REMEMBER TO DRESS PROPERLY:

*Wear loose fitting, light-weight, warm clothing in several layers. Layers can be removed to prevent perspiration and the accompanying chill. Outer garments should be water-proof, tightly woven, and hooded. Half your body heat can be lost through your head. Cover your mouth to protect your lungs from extreme cold, and wear mittens that are snug at the wrist.*